

What to pack?

- BINOCULARS!! (8x42) recommended, 7x32 minimum. Getting a closer look at wildlife is really rewarding, your trip to Monteverde area will be FAR better if you bring binoculars!
- 3 light shirts- short sleeve and one light long sleeve for protection from the sun
- One fleece or sweater
- One pair of light pants- the ones with zip off legs are great
- One pair of jeans or comfortable pants
- One pair of shorts
- Swim suit
- Cover up for the pool
- Flip flops
- Close toed shoes for hikes.
- Wide brimmed hat
- Rain gear
- Your camera, charger and extra memory cards
- Field guide
- Something to read
- Journal
- Toiletries
- Meds
- Sunscreen
- Insect Repellent

