

What to Pack for Your Pacuare Lodge Experience?

In order for your Pacuare Lodge experience to be most comfortable, we recommend all our visitors to bring only one bag per person.

What to do with your extra luggage

If you are returning to San José and your hotel is the same hotel as where we picked you up, please store your extra luggage with the hotel's concierge.

If you are not traveling back to San José, we will gladly **store your excess luggage at our secure Operation Center during your stay at Pacuare Lodge.**

Staying on schedule: We kindly ask that you have your Pacuare Lodge bag packed separately from the rest of your luggage at the time of pick-up at your hotel.



Recommended River Clothing and Equipment List for a 3 day/2 night Adventure

- 1 pair of shorts to wear when rafting (gym type shorts or pants are ok)
- 1 Dry Fit T-shirt or light cotton long or short-sleeved shirt for rafting
- 1 pair of outdoor type shoes for hiking and for use on the lodge grounds
- 1 pair of tennis shoes or sandals with straps suitable for rafting
- 2 swimsuits (1 for rafting and one for enjoying Pacuare Lodge's iconic pool)
- 1 light cap with wide brim or visor for sun
- 3 light shirts; cotton, long or short sleeved for lodge
- 2 pairs of light cotton or Dry Fit hiking trousers or shorts; jeans okay, but not recommended, because of weight and drying time
- 1 sweater or sweatshirt
- 1 windbreaker; unlined Anorak, shell type, which can be tied around your waist
- 3 sets of underwear

- 3 pairs of socks
- 1 spare pair of glasses, if you wear prescription lenses
- Sunscreen or sunblock
- Goggles for swimming in lap pool
- Insect repellent
- Toiletry kit; no aerosols
- Medications

** Please add 1 or 2 changes of clothes for each extra day at the lodge.*

***Please note that suggested clothes required depend mainly on weather which tends to change frequently in Costa Rica. Average temperature is in the 70 degrees Fahrenheit (°F). Costa Rica has two seasons, the dry season starting in January and ending in April and the rainy season beginning in May and ending in December. We recommend being prepared for changes in weather.*

Optional Accesories

- Waterproof camera (for rafting) or regular camera (with waterproof case, for hiking and lodge)
- 1 small compressible day pack
- 1-2 bandanas
- Plastic bags of various sizes (heavy-duty ziplock for film, books and small items)
- Sunglasses
- Binoculars
- Headlamp to read at night

At River Take-out you will be able to shower and change into dry clothes at our private facilities. Long pants, a shirt and light jacket/sweatshirt are recommended for the ride back to San José.

Important Notice for Guests stowing luggage at our offices

Up to the present we have never had any problems with theft at the river take out warehouse in Siquirres, however, and from this point on, Aventuras Naturales will not be held responsible for any lost or stolen objects. Therefore, we will require guests to securely padlock all luggage left at our facilities.

It is also advisable for guests not to leave behind valuables or important documents. These should best be taken to the Pacuare Lodge in ziplock plastic bags or similar (we provide safety boxes in our suites). Additionally, guests who leave luggage at our facilities will be asked to sign a form consenting to the above conditions.

